



Shakai Hoken Health Insurance

Shakai hoken is mandatory, not optional.

It starts on the first day of your contract

The **only** exception is for part-time staff.

IMPORTANT!

on your **FIRST MONTH**

**YOU WILL
PAY THE
WHOLE
MONTH**



it only charges on a monthly basis, not daily!
even if you only worked a day,
you have to pay the amount equivalent
to a whole month



**Started working on the
last day of the month
still counts as a whole
month**



**Only worked
1 day and quit
still counts as a
whole month**



Be careful

We don't want this to happen to you
please be extra careful on your first month

We need you to send us



My Number

Your Shakai hoken card will only be issued, after you submit your my number.

Still Shakai Hoken will be deducted from your salary
the insurance card takes on average up
to 20 days to deliver upon submission

[SEND HERE](#)



Nenkin number

If it's not your first time on Shakai hoken,
send your Nenkin (Pension) number
So we can connect your pension
contribution time

[SEND HERE](#)



FAMILY INSURANCE

Are you going to declare your family as dependents?

① Fill out the dependent declaration form online

FILL HERE

② You will receive the form in Japanese at home

③ Sign or stamp it and attach your family documents
Send it to us

Quit your Kokumin Hoken

Your Kokumin Hoken is not canceled automatically, you need to cancel it at your local city hall, that way you don't pay 2 health insurances at the same time.

Exception Part time workers

This is the only exception not to enter Shakai Hoken

less than:



Income
88,000



Working hours
20 Hours weekly



Contract
2 months



Talk to us

This was a simple guide for the most common cases, if you have any questions talk to us

TECHNO SERVICE